

# Adult Specialty Clinics

**Ages 16 and older**



**Summer 2017**

## Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. \*No class 9/4.

55557 M	7/31-8/28*	8-9 p.m.	\$50	KRC
55558 W	8/2-9/6	8-9 p.m.	\$60	KRC
55559 Sa	8/5-9/9	10-11 a.m.	\$60	KRC
55560 M	9/11-10/16	8-9 p.m.	\$60	KRC
55561 W	9/13-10/18	8-9 p.m.	\$60	KRC
55562 Sa	9/16-10/21	10-11 a.m.	\$60	KRC



## Starter League for Adults:

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions. \*No class on 9/4. \*\*Saturday classes in August are from 7:30-9am.

55612 M	7/31-8/28*	8-9:30 p.m.	\$65
55618 W	8/2-9/6	8-9:30 p.m.	\$78
55613 Sa	8/5-9/9 **	11 a.m.-12:30 p.m.	\$78
55614 M	9/11-10/16	8-9:30 p.m.	\$78
55619 W	9/13-10/18	8-9:30 p.m.	\$78
55615 Sa	9/16-10/21	11 a.m.-12:30 p.m.	\$78

## Ball Machine Drills:

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these drill clinics. Six-week sessions. \*No class on 7/4.

55623 Tue	8/1-9/5	7-8 p.m.	\$60
55624 Thu	8/3-9/7	7-8 p.m.	\$60
55625 Tue	9/12-10/17	7-8 p.m.	\$50
55626 Thu	9/14-10/19	7-8 p.m.	\$60

**Advance Registration is Required**  
**Register online at:**  
**[www.tempe.gov/brochure](http://www.tempe.gov/brochure)**